



September 2023– June 2024 Schedule

503-665-5155 Visit Facebook at
Stites Performing Arts Center

Our location:
11240 SE Division
One driveway east of gas station
& behind a small green house.

CREATIVE MOVEMENT (CM)

4 ³ / ₄ - 1 st grade	CM I **	Tues	4:00-4:30
1 st - 3 rd grade	CM II/III	Tues	4:35-5:15

STUDIES IN MOVEMENT (SIM) & KIDS BOP

3 rd - 5 th grade	SIM & Intro to Ballet	Tues	5:20-6:10
5 th - 7 th grade	Kids Bop & Ballet	Thurs	4:30-5:45

BALLET

Ballet students are **highly encouraged** to take classes **below their level** in addition to their regular classes.

Intro to Ballet (bundled with Studies in Movement)	Tues	5:20-6:10
Pre Ballet I/II (bundled with Kids Bop)	Thurs	4:30-5:45
Ballet II A&B/III (Snow White Dwarfs class back to back with Tap/Jazz. Both classes 5:35-7:30)	Thurs	5:35-7:30
*Ballet II B / III A&B/ Int/Adv 7 th - H.S.	*Tues	6:15-7:45
*Pre-pointe & Pointe	*Tues	7:45-8:10
*Ballet III B / Int / Adv (director permission)	*Thurs	7:20-8:15
Instructor choice of training genre for remainder of class		8:15-9:00
Ballet III B / Int / Adv (Late start November)	Mon	7:00

We will offer a few **Ballet Workshops** throughout the year to accommodate our dancers in their pointe training.

- *These Tues and Thurs ballet classes require director's permission and attendance in other Ballet classes & Contemporary.
- *Expectations: to extensively cross train, have good attendance, punctuality in all classes, professional attitude, and consistent dress code.

TAP, JAZZ, HIP HOP & CONTEMPORARY CLASSES

*Tap/Jazz etc. (bundled with ballet)	7 th grade	Thurs	4:30-5:45
*Tap/Jazz etc. (w/ballet exp. /dir. perm)	6 th - 9 th grade	Thurs	5:35-7:30
(This time frame includes Ballet back to back with Jazz/Tap)			
Contemporary & Hip Hop	7 th -10 th	Wed	6:20-7:05
(Director's permission & enrollment in Tues/Thurs ballet or Instructor request)			
Contemporary & Hip Hop (w/dance exp.)	11 th +	Wed	7:05-8:00
Jazz (Dir permission) Int & Adv	11 th +	Thurs	8:15-9:00
*This Jazz class requires participation in Tap, Ballet, and Wed Contemporary. Also needed are basic gym skills used in jazz: rolls, handstands, cartwheels & walkovers. Class Content will vary. Ask director for additional explanation.			

Please call for **pre-requisites** in some classes

Classes begin September 21.

New students welcome to join throughout the season.
Please call with questions: 503-665-5155

TAP (Amy, Donnie & Shanon)

Tap is included in Creative Movement, Studies in Movement and Kids Bop

GYMNASTICS

Acrobatics, Gymnastics, Tumbling, Partnering & Circus Skills

Gym skills for younger students are included in Creative Movement, Studies in Movement, and Kids Bop

3 rd grade & up (2 nd w/perm) Beginning open level	Mon	5:15 - 5:55
6 th -10 th grade (w/exp & skill requirements)	Mon	6:00 - 6:45
Intermediate (w/ director's permission & experience)	Mon	6:00 - 6:55

SPECIALTY CLASSES

Middle Eastern ** Open Beg (off site) Call us!	Tues	6:00
Middle Eastern ** Int /Adv (off site)	Tues	7:00
Baton** 6 th gr & up (exp. & enrollment requirements)	Wed	5:30-6:15
Baton Call about off-site classes	Fridays	

Spirit Sports such as pom pom, baton, and hip hop are also included in curriculum for SIM & KIDS BOP classes

TEEN &/or ADULT CLASSES

Middle Eastern **Open Beg (off site) Call us!	Tues	6:00
Middle Eastern ** Int /Adv (off site)	Tues	7:00
Tap classes Ask us!		

Contemporary, Jazz, Tap & Ballet offered at Int & Adv levels.
Talk to Shanon.

Some of our **back-to-back** combo classes are convenient **and** economical.

The second class is **almost half price**.

**** SPECIAL DISCOUNT PRICING** for classes marked **

When thinking about class placement, **if a dancer is at the bottom of an age grouping**, parents should clarify with Shanon the best placement for their dancer.

Start most classes at any time!

New classes formed throughout the year. Call us.

Interested in something you don't see? Call us!

info@stitesdance.com 503 665-5155

Start *anytime* throughout year - Fall Session Starts Sept 21
Visit us on Facebook at Stites Performing Arts Center

CLOSURE DATES

HALLOWEEN: WE WILL BE CLOSED

THANKSGIVING: Nov. 23, 24, 25

WINTER BREAK: Approx Dec 18 – Jan 1
Re-open Jan 2, 2024

SNOW & ICE: Call, or check Facebook if you are not sure.
Generally closure coincides with school closures.

SPRING BREAK: March 24th – 31st
Re-open April 1

MEMORIAL DAY: Closed

Cost:

Pricing is varied depending on the class.

There are several payment plan options. Call for payment plan details.

As a general guideline, costs average \$48-\$56 monthly for an hour or a 45 minute class, depending on the payment plan you choose.
Our back-to-back 45-minute classes are designed for cross training and in some instances are economically priced at **almost half price.**

Family discounts are also offered.

Unlimited classes - Take as many classes as you like!
Two levels of involvement and price are available.

Discount Dance Classes:

Look for our discount classes indicated by **
These classes average \$48 a month when paid by the term.

Gymnastics Insurance:

An annual insurance fee of \$20 is required for the gymnastics program.

Tap Shoes: Save by renting for \$15 per “year”.

PLEASE NOTE: Let us know if you are interested in a different time, day, etc. **This is a fairly complete schedule, however, due to numerous factors changes sometimes need to be made (day, time, and instructor, start date, etc.).**

Classes are ongoing! Start any time during the year.



BALLET: All-inclusive for those aspiring to pursue the art of Ballet and for those seeking to improve technique for other endeavors (ice skating, baton twirling, gymnastics, dance team, exercise, etc.). Stites offers strong technical training.

HIP HOP: Learn the latest dance moves in a high-energy yet tasteful setting. Improve your self-esteem while improving flexibility, agility and dancing to popular music. Perfect for dance team and cheer preparation, school dances, fitness or FUN!

TAP: Develop a sense of rhythm and challenge your coordination while having a blast! Learn Broadway and street style while making your own music.

JAZZ: Fun and energetic classes to introduce all styles of jazz, including Theater, Contemporary, Lyrical, Hip Hop, Modern and Classical Jazz. Grease, Hair Spray, Cats, Chicago, and Fame are examples of this popular American dance form.

GYMNASTICS: a non-competitive program, with a highly developed curriculum that includes acrobatics, apparatus, tumbling and circus skills.

CREATIVE MOVEMENT: Basics of tumbling, tap, ballet, hula, baton and more. Exciting and energetic, using imagination and fun props to encourage brain development and coordination. Learn how to listen to different rhythms and sounds, spin like a top and leap like a frog!

STUDIES IN MOVEMENT: Learn solid, basic technique of gymnastics, tap, ballet, baton, hula and more. Emphasis on self-expression while strengthening the body and mental focus through dance, rhythm exercises and technique.

PRE-BALLET: Do you dream of Cinderella or Sleeping Beauty? Exercise the body and imagination through this graceful dance form. Have fun while learning the classics.

KIDS BOP: Studies In Movement curriculum *and* age-appropriate Hip Hop.

PLUS CLASSES OFFERED IN CONTEMPORARY,
MIDDLE EASTERN, MODERN, BATON
PLEASE PRE-REGISTER
By calling: 503-665-5155
www.stitesdance.com

**All dress code attire and shoes are available
at Stites for reasonable prices.
Be sure to ask about our popular
(and economical) tap shoe rental program!**

www.stitesdance.com
503-665-5155